

# "Letter to Self" Assignment Sheet



Why are we writing these letters?

1. To provide a record of who you are now at the beginning of your leadership journey.
2. To anchor in time your current views, attitudes, philosophy, and outlook
3. To explore your feelings and opinions about a variety of issues
4. To create a document that, at the end of your journey, you will be able to look back and see how you have grown and matured throughout the year.

**\*\*Special note: Remember there is a difference between personal and private. Personal means that it is something special and means a lot to you and private means that you don't want anyone else to know.\*\***

## Typing Requirements:

- ✓ Font Size: 12
- ✓ Font: Arial or Times New Roman
- ✓ Spacing: 1.5
- ✓ Margins: 1 inch on all sides

## The seven parts of the "Letter to Self" are (please label each part):

1. **ME, NOW:** my hopes, fears, dreams, intentions, goals, problems, concerns, likes, dislikes, joys, frustrations; what I like about myself; what I don't like about myself; what I'm proud of; what I think about; what bothers me; who I am, etc.
2. **MY WORLD:** a description of my home, bedroom, school, neighborhood, town; my favorite places to go; chores, allowance, pet(s), possessions, clothes, religion, current events; FAVORITES – books, music groups, movies, TV, etc.
3. **WHAT I DO:** my hobbies, pastimes, sports, school activities; what I do when I'm alone; what I do with friends; favorite snacks and foods; chores; how I spend my weekends and vacations; special activities I do, organizations I belong to, etc.
4. **PEOPLE IN MY LIFE:** my family, siblings, aunts & uncles, grandparents, friends, best friend(s), teachers, people I've dated, current significant other, who I like, people I'd like to know better, people I admire and respect, important people in my life.
5. **MY PAST:** where I was born, where I lived, growing up, childhood accidents, childhood memories, and schools I attended, previous pets, trips I've taken, important events in my life so far, former friends, former teachers, teams I played on, previous romances, etc.

## ***“Letter to Self” Assignment Sheet***



6. **MY LEADERSHIP:** Describe your philosophy of leadership. Be sure to discuss your leadership style and what you believe every leader should be able to do.
  
7. **MY FUTURE:** predictions, what I want to do, my long range intentions, what I'm looking forward to; what I'm dreading; my goals, my hopes and fears for the world; summer vacation, high school, college, marriage, employment, etc.

**NOTE:** In doing this “Letter to Self,” you should have seven total paragraphs. You may also want to write about something important to you that wasn't mentioned above. Create your own categories. This “Letter To Self” is for you, and it should deal with the elements and aspects that are important and real in your life – the good, the bad, and the ugly! The more honest you are with yourself, the more you will appreciate and value your leadership in years to come.