STUDY GUIDE

FCCLA

COLORADO
WHAT IS FCCLA?
FCCLA is a nonprofit, national Career and Technical Student Organization for young men and women in Family and Consumer Sciences education in schools through grade 12. It is a dynamic and effective national student organization with a central focus on the family that helps its members become strong leaders in their families, careers and communities. FCCLA makes an important difference in the lives of youth and their families, schools, workplaces and communities.

BRIEF FCCLA HISTORY TIMELINE
June 1945
Future Homemakers of America founded at a national convention in Chicago, Illinois.

January 28, 1946
The Colorado Association of Future Homemakers of America is granted the 17th state charter.

July 1948
The first national convention in was held in Kansas City, Missouri.

July 1999
The name of the organization changed from FHA/HERO to Family, Career and Community Leaders of America or FCCLA in July 1999.

BASIC FCCLA INFORMATION
Mission Statement
Our mission is to promote personal growth and leadership development through Family and Consumer Sciences education. Focusing on the multiple roles of family member, wage earner, and community leader, members develop skills for life through:

• Character Development
• Creative and Critical Thinking
• Interpersonal Communication
• Practical Knowledge
• Career Preparation

Purposes
1. To provide opportunities for personal development and preparation for adult life
2. To strengthen the function of the family as a basic unit of society
3. To encourage democracy through cooperative action in the home and community
4. To encourage individual and group involvement in helping achieve global cooperation and harmony
5. To promote greater understanding between youth and adults
6. To provide opportunities for making decisions and for assuming responsibilities
7. To prepare for the multiple roles of men and women in today's society
8. To promote Family and Consumer Sciences and related occupations
Creed
We are the Family, Career and Community Leaders of America. We face the future with warm courage and high hope. For we have the clear consciousness of seeking old and precious values. For we are the builders of homes, homes for America's future, homes where living will be the expression of everything that is good and fair, homes where truth and love and security and faith will be realities, not dreams. We are the Family, Career and Community Leaders of America. We face the future with warm courage and high hope.

Motto
Toward New Horizons

Program Emphasis
FCCLA is the only in-school student organization with the family as its central focus. FCCLA is a Career and Technical Student Organization that functions as an integral part of the Family and Consumer Sciences education curriculum and operates within the school system, and it provides opportunities for active student participation at local, state, and national levels.

Membership
FCCLA has a national membership of 160,632 members in 5,323 chapters. There are 52 state associations including Puerto Rico and the Virgin Islands. Since its founding, FCCLA has involved more than nine million youth. Former members are eligible to become members of Alumni & Associates. Members affiliate on the national level as Occupational or Comprehensive members, which is determined by their current or previous enrollment in Family and Consumer Sciences coursework. In the 2017 – 2018 year, Colorado had 2,476 members in 131 chapters.

An FCCLA member must be currently enrolled or have been enrolled in a Family and Consumer Sciences course.

The “Go for the Red” membership campaign is FCCLA’s most precious commodity that focuses on the 3 R’s of membership:
- Recruit members
- Retain members
- Recognize members

There are four National FCCLA regions. Colorado is part of the Pacific FCCLA region.

There are 10 geographic FCCLA membership districts in Colorado. Which are you from?

Colorado FCCLA Governance
12 state officers are elected by the state interview panel at the annual State Leadership Conference to make up the State Executive Council. The Colorado FCCLA Board of Directors is composed of adult representatives from education and business and three youth representatives. The State Advisory Board is comprised of the District Consultants for each district, the State Executive Council, and other representatives.
Financial and Cooperative Support
FCCLA is supported primarily by student membership dues. Additional funds are raised from individuals, corporations, and foundations. FCCLA is endorsed by the U.S. Department of Education (Office of Career, Technical and Adult Education) and the American Association of Family and Consumer Sciences (AAFCS).

Colorado Staff
The Colorado FCCLA State Adviser receives direction from the Colorado FCCLA Board of Directors and guidance from the State Advisory Board to carry out programs, communications, membership services, and financial management. The Colorado FCCLA State Adviser is an employee of the Colorado Community College System Office of Career and Technical Education and not Colorado FCCLA.

National Publications
Teen Times, the official magazine of FCCLA, is published quarterly during the school year and distributed to affiliated members.

- One (1) print edition
- Three (3) electronic issues

The national staff also publishes a variety of other resource materials for members and adult leaders.

State Publications
Colorado Comments, the official newsletter of Colorado FCCLA, is written by the Colorado State Officers and is published once in the fall and once in the spring.

Official Flower
The official flower is the red rose.

Official Colors
The FCCLA colors are Red (PMS 185) and White. Red suggests strength, courage, and determination—personal qualities leading to happiness through a positive self-image. White symbolizes sincerity of purpose and integrity of action; qualities that will help individuals build a better tomorrow.

Official Pin
The FCCLA Officer Pin is worn over the heart.

National Meetings
The 2018 Cluster Meetings were held November 9 – 11, 2018 in Louisville, Kentucky and November 16 – 18, 2018 in Phoenix, Arizona.

The 2019 National Leadership Conference will be June 30 – July 4, 2019 in Anaheim, California.
State Meetings
The Colorado FCCLA State Leadership Conference will be held April 17-19, 2019 at the Sheraton Downtown Denver Hotel in Denver, Colorado.

FCCLA PLANNING PROCESS
The FCCLA five-step planning process is the management tool to help members and advisers plan individual, group, and chapter projects and activities. You may be asked to problem solve using this procedure. You should be able to list and describe the steps of the Planning Process:

Identify Concerns
- Brainstorm concerns
- Evaluate listed concerns
- Narrow to one workable idea or concern

Set a Goal
- Get a clear mental picture of what you want to accomplish
- Write it down
- Evaluate it

Form a Plan
- Plan how to achieve the goal
- Decide who, what, where, when, why, and how

ACT
- Carry out project

Follow Up
- Evaluate project
- Thank people involved
- Recognize participants
FCCLA national programs were developed to build and strengthen students’ leadership skills.

**Career Connection** is a program that guides students to learn more about themselves, the workplace, and careers so that they can put themselves on the pathway to future success.

**Community Service** is a program that guides students to develop, plan, carry out, and evaluate service-learning projects that improve the quality of life in their communities.

**FACTS—Families Acting for Community Traffic Safety** is a national peer education program through which students strive to save lives through personal, vehicle, and road safety.

**Families First** is a national peer education program through which youth gain a better understanding of how families work and learn skills to become strong family members.

**Financial Fitness** involves youth teaching one another how to earn, spend, save, and protect money wisely.

**Power of One** is a program that helps students find and use their personal power. Members set their own goals, work to achieve them, and enjoy the results.

**STOP the Violence—Students Taking On Prevention** is a program that empowers youth with attitudes, skills, and resources in order to recognize, report, and reduce youth violence.

**Student Body** is a peer education program that helps young people discover and practice how to be healthy, fit, real, and resilient.
STAR EVENTS
STAR events are national competitive events in which members are recognized for proficiency and achievement in chapter and individual projects, leadership skills and occupational preparation. STAR stands for Students Taking Action with Recognition. Be sure to know how many events there are and be able to name and describe at least three STAR Events.

- Advocacy
- Applied Math for Culinary Management
- Career Investigation
- Chapter in Review Display
- Chapter in Review Portfolio
- Chapter Service Project Display
- Chapter Service Project Portfolio
- Culinary Arts
- Digital Stories for Change (Online Event)
- Early Childhood Education
- Entrepreneurship
- Environmental Ambassador
- Fashion Construction
- Fashion Design
- FCCLA Chapter Website (Online Event)
- Focus on Children
- Food Innovations
- Hospitality, Tourism, and Recreation
- Illustrated Talk
- Interior Design
- Interpersonal Communication
- Job Interview
- Leadership
- Life Event Planning
- National Programs in Action
- Nutrition and Wellness
- Parliamentary Procedure
- Promote and Publicize FCCLA!
- Recycle and Redesign
- Say Yes to FCS Education
- Sports Nutrition
- Teach and Train

Colorado State Competitive Events
Know the names and procedures of five of the State Competitive Events.

- Baking and Pastry
- Cake Design
- Fashion Sketch
- Fashion Stylist
- Front of the House
- Get the Word Out
- Gourmet Food Savory Presentation
- Gourmet Food Sweet Presentation
- Habitat for Humanity Interior Design
- International Experience
- Knife Skills
- Thematic Table Setting

Educators Rising Competitive Events
Colorado FCCLA will offer the following Educators Rising competitive events with the eligibility for qualifiers to continue on to the Educators Rising National Conference:

- Children’s Literature K-3
- Children’s Literature Pre-K
- Creative Lecture (TED Talk)
- Ethical Dilemma
- Exploring Education Administration Careers
- Exploring Non-Core Subject Teaching Careers
- Exploring Support Services Careers
- Impromptu Lesson
- Impromptu Speaking
- Inside Our Schools Presentation
- Job Interview
- Lesson Planning & Delivery
- Public Speaking
- Researching Learning Challenges
STATE OFFICER INFORMATION
Learn about the current Colorado FCCLA State Officer Team.

Familiarize yourself with the offices and duties that include:

- President
- First Vice President
- Second Vice President
- Secretary
- Programs
- Vice President of Events
- Vice President of Finance
- Vice President of Membership
- Vice President of Peer Education
- Vice President of Programs
- Vice President of Public Relations
- Vice President of Publications
- Vice President of Recognition
- State Representative

Be familiar with the State Officer Requirements listed in the Student Candidate Information.

Each year, the State Leadership Team develops a Program of Work (POW) that outlines goals for the year. Review the current Program of Work theme.

Sample Situational Questions

- As a State Officer, what new goals would you have for the upcoming year?
- If you sat next to the Governor of Colorado or a member of the Colorado State Board of Education, what would you tell him or her about Career and Technical Student Organizations and FCCLA?
- If you got on an elevator with a senator and you have 60 seconds to lobby for funding for FCCLA and other Career and Technical Student Organizations, what would you say?
- You have been asked to help with a project that is not of interest to you. How would you handle this situation?
- You were the FCCLA Chapter President and some of your members were dropping out. How would you handle this?
- Describe a difficult FCCLA situation in which you’ve been involved and tell how you resolved it?
- When does a leader become a follower?
- How could you involve your chapter in a worthwhile project?
- How would you get more people to join FCCLA?
- What will be your greatest strength as part of the State Officer Team?
- Thinking of a person who has influenced you in a positive way, how has this experience helped you to develop your leadership skills?
- Use three words to describe yourself. If your friend was here, what three words would she/he use to describe you and why?

ADDITIONAL RESOURCES
FCCLA National Website: www.fcclainc.org
Colorado FCCLA Website: www.fccla.cccs.edu
Ah, business letter format—there are block formats, and indented formats, and modified block formats . . . and who knows what others. To simplify matters, we're demonstrating the block format on this page, one of the two most common formats. For authoritative advice about all the variations, we highly recommend *The Gregg Reference Manual*, 9th ed. (New York: McGraw-Hill, 2001), a great reference tool for workplace communications.

When you use the block form to write a business letter, all the information is typed flush left, with one-inch margins all around. First provide your own address, then skip a line and provide the date, then skip one more line and provide the inside address of the party to whom the letter is addressed. If you are using letterhead that already provides your address, do not retype that information; just begin with the date. For formal letters, avoid abbreviations where possible.

Skip another line before the salutation, which should be followed by a colon. Then write the body of your letter as illustrated here, with no indentation at the beginnings of paragraphs. Skip lines between paragraphs.

After writing the body of the letter, type the closing, followed by a comma, leave 3 blank lines, then type your name and title (if applicable), all flush left. Sign the letter in the blank space above your typed name. Now doesn't that look professional?

Sincerely,

Your Name
Your Title

<https://writing.wisc.edu/Handbook/BusLetter_Block.html>
Parliamentary Procedure Basics
Robert’s Rules of Order, Newly Revised is the authority in all questions of parliamentary procedure. Parliamentary procedure empowers all members and helps ensure more smoothly run meetings. The use of simple parliamentary procedure results in successful business meetings: everyone has an opportunity to voice opinions and vote, business gets done and the meetings are not long, boring and non-productive.

Basic Principles
- Courtesy and justice for all
- One item of business at a time
- The minority must be heard
- The majority must prevail

Basic Meeting Agenda
- Call to Order
- Reading of Minutes
- Treasurer’s Report
- Committee Reports
- Unfinished Business
- New Business
- Adjournment

Eight Steps to Making a Motion
1. Member rises and asks to speak by saying “Madame/ Mr. Chair?”
2. Waits for the chair’s “recognition” or permission to speak
3. Makes a motion to bring an idea before the group for consideration by saying “I move that…” or “I move to…”
4. Another member Seconds the motion by saying “I second”, or “I second the motion”
5. Chair states the motion
6. Chair calls for discussion
7. Chair takes the vote
8. Chair states the result

Basic Motions
- Privileged: motions dealing with the rights or needs of the organization
  - Examples: Adjournment or raise a question of privilege
- Subsidiary: motions applied to other motions
  - Examples: Amend, lay on the table, stop debate, or refer to committee
- Incidental: motions that are related to the pending question
  - Examples: Point of order, request additional information, or verify vote accuracy
Basic Vocabulary for Parliamentary Procedure

Acclamation—an oral or voice vote
Affirmative—“for” or “yes” vote
Adjourn—to end the meeting
Agenda—order of business for the meeting
Amendment—a change in or addition to the main motion; amendments can also be amended once
Chair, Chairman, Chairperson—person presiding at a meeting
Debate—discussion for or against the motion
Division (or Division of the House)—when a member disagrees with a voice vote and calls for a counted vote; does not require a second
Gavel—a tool for calling the meeting to order
General (or Unanimous) Consent—if there are no objections, passing a motion without debate or vote
Majority—over half of the votes cast; sometimes called simple majority, which is 50 percent plus 1
Methods of Voting—Voice votes: aye and no, general consent; Roll call: raising hand or standing; Ballot: secret ballot, usually written or recorded by voting machine
Minority—the smaller number; less than 50 percent
Minutes—written record of a meeting
Main Motion—an idea brought before the group for consideration; should be stated—"I move that..." or "I move to..."; must be acted on
Parliamentarian—one who has knowledge of parliamentary procedure and is skilled in its practice
Pending—has not been voted on; is still "on the floor"
Plurality—a larger vote than for any other candidate but not more than half the total votes cast; never elects unless a special rule has been made to that effect
Point of Information—to ask for clarification
Point of Order—to correct a breach of order or error in procedure
Postpone—puts off a motion until some future time
Previous Question—a call to end discussion and vote on the motion; a second is required
Putting the Question—when chair takes vote for and against a motion and announces the results
Quorum—minimum number of members that must be present to conduct the business of the meeting; usually a simple majority unless otherwise specified in the bylaws
Second—means another member supports motion
Stating the Question—chair restates the exact motion after the second and indicates it is open for debate
# STATE OFFICER CANDIDATE RATING SHEET

**Colorado FCCLA Association**

- **Name of Candidate:**
- **Grade:**
- **District:**
- **Office Preference:**
  - 1st
  - 2nd
  - 3rd
  - 4th

## Indicate by marking the appropriate rating for each criteria statement

<table>
<thead>
<tr>
<th>Points</th>
<th>Comments</th>
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### I. General Session Introduction-10 points
- Speaks clearly and loudly
- Prepared, memorized, creative
- Between 50 seconds and 1 minute 10 seconds

### II. Application (must be typed)-15 points
- Complete
- Writing skills (Correct grammar, spelling)
- Support materials/recommendations
- Leadership role(s)

### III. Fishbowl Activity-20 points
- Teamwork and cooperation
- Participation
- Leadership qualities

### IV. Individual Presentation-20 points
- Speaks clearly (not too fast)
- Presentation organized (not confusing and prepared)
- Presentation covers all points
- Presented in given time span
- Creativity
- Memorization of Creed

### V. Oral Interview-25 points
- Ability to serve if elected
- Leadership skills
- Friendly, enthusiastic
- Poise (attitude, self-confidence)
- Communication skills

### VI. Appearance-10 points
- Grooming/neatness/appropriate dress
- Poise/posture/courteous
- Punctual (disqualified if late)

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**Panel Member:**

**Score:** / 100

**STUDENT CANDIDATES DO NOT RECEIVE THESE BACK SO WRITE ANYTHING AND EVERYTHING ON THEM TO HELP YOU RECALL THAT CANDIDATE! USE THE BACK IF NECESSARY.**